

**Understanding Dementia**  
person

**\$100 per**

- types of dementia
- communication
- how the brain works
- person centered care
- changed responses & actions
- problem solving & strategies

4<sup>th</sup> March 10am – 12noon  
7<sup>th</sup> August 10am – 12noon  
Glenview Community Services – Windsor Street – Glenorchy  
15<sup>th</sup> March 11am – 1pm  
19<sup>th</sup> August 12noon – 2pm  
Glenara Lakes – 390 Hobart Rd - Youngtown

This basic course would be beneficial for service staff and maintenance workers as well as a refresher/update for all care staff.

**Understanding Changed Responses & Actions**  
in Dementia

**\$100 per person**

- what do behavioural expressions mean?
- causes of changed responses & actions
- communication
- person centered approach
- problem solving & strategies

3<sup>rd</sup> April 12noon – 2pm  
21<sup>st</sup> August 1 - 3pm  
Glenview Community Services – Windsor Street – Glenorchy  
15<sup>th</sup> April 1.30 – 3.30pm  
Glenara Lakes – 390 Hobart Rd - Youngtown

From this session participants will be able to identify triggers that can cause changed responses for people living with dementia. Suitable for all staff who work with people living with dementia, experiencing changed behavioral expressions.

**Positive Behaviour Support**

**\$120 per person**

This training session is about staff keeping safe in the work place. The information will assist staff to understand how people living with dementia may react in situations that they find extremely distressing or confusing, and provide strategies to help them manage these responses.

1<sup>st</sup> May 9am – 12noon  
Glenview Community Services – Windsor Street – Glenorchy  
20<sup>th</sup> May 11am – 2pm  
Glenara Lakes - 390 Hobart Rd - Youngtown

**Night Time Care**

**\$100 per person**

Evening and night staff will benefit from this training, which explores the difference between day and night time care and provides strategies for supporting people living with dementia at night.

3<sup>rd</sup> June 2pm - 4pm  
Glenview Community Services – Windsor Street – Glenorchy  
15<sup>th</sup> April 11am – 1pm  
Glenara Lakes - 390 Hobart Rd - Youngtown

**Sexuality & Dementia**  
person

**\$100 per**

This session will assist staff understand the importance of sexual expression for some people with dementia and explore strategies to support this need with dignity and respect.

3<sup>rd</sup> June 10am – 12noon  
Glenview Community Services – Windsor Street – Glenorchy  
29<sup>th</sup> April 11am – 1pm  
Glenara Lakes - 390 Hobart Rd - Youngtown

## Effective Communication with the older person

\$100.00 per person

- Why do we communicate?
- How do we communicate?
- Barriers to communication
- Successful communication strategies

Interactive workshop, which includes activities to reinforce effective communication.

26<sup>th</sup> June 10am – 12noon  
Glenview Community Services – Windsor Street – Glenorchy

11<sup>th</sup> October 11am – 1pm  
Glenara Lakes – 390 Hobart Road - Youngtown

## Understanding Dementia with Down syndrome & Intellectual disability

\$100 per person

Provide staff with the knowledge to identify early dementia changes and strategies to assist changed responses and actions for people living with Down syndrome & Intellectual disability. Includes DVD 'Supporting Derek'.

26<sup>th</sup> June 1 – 3pm  
Glenview Community Services – Windsor Street – Glenorchy

11<sup>th</sup> October 1.30 – 3.30pm  
Glenara Lakes – 390 Hobart Road - Youngtown

## Practical Dementia Care

\$100.00 per person

This interactive training provides staff with practical strategies to try when working with people who have dementia. Includes brain-storming current care issues and exploring why people with dementia may have certain responses during care.

6<sup>th</sup> May 10am – 12noon  
23<sup>rd</sup> September 1 – 3pm  
Glenview Community Services – Windsor Street – Glenorchy

29<sup>th</sup> April 1.30 – 3.30pm  
9<sup>th</sup> October 10.30am – 12.30noon or 1pm – 3pm  
Glenara Lakes – 390 Hobart Road - Youngtown

## Leisure & Lifestyle Networking Session \$50 per person (South) \$75 per person (North)

*light lunch provided – includes guest speaker*

This is an interactive knowledge/skill sharing networking session that is suitable for all staff who are providing activities in residential facilities or community care centers. Feedback from previous sessions has been very positive and those who have participated express the benefit of meeting and talking to like-minded people. The program consists of a guest speaker followed by discussion and sharing of ideas.

South: 8<sup>th</sup> March all sessions  
7<sup>th</sup> June 11am - 3pm  
4<sup>th</sup> October  
Glenview Community Services – Windsor Street – Glenorchy  
North: 5<sup>th</sup> April  
21<sup>st</sup> June  
1<sup>st</sup> November  
Glenara Lakes – 390 Hobart Road - Youngtown

Registration can be done online through the Dementia Tas training calendar

[www.dementiatas.com.au](http://www.dementiatas.com.au) or by email to [ros@dementiatas.com.au](mailto:ros@dementiatas.com.au)

Invoices will be sent out prior to the training day

All these training sessions and others can also be delivered 'in house' at a negotiated rate

Contact Ros for a free training package estimate for your organisation

Thank you for choosing Dementia Tas for your training requirements

For further information:

Phone Ros 0438 024 169

or email [ros@dementiatas.com.au](mailto:ros@dementiatas.com.au)



**DEMENTIA TAS**  
GLENVIEW